



**Public Health**  
Prevent. Promote. Protect.

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**Rock Island County  
Health Department**

**ANNUAL  
REPORT**

**FY 2013**

*Prevent Disease, Promote Wellness & Protect Public Health*

# PROGRAMS SUMMARY

## EDUCATION & INFORMATION PROGRAMS

### Health Education & Promotion

The Rock Island County Health Department (RICHD) works throughout the community on many projects. Many staff contribute time and talent to coalitions and collaborative groups. RICHD health educators and other staff promote healthy behaviors in many ways, including presentations in schools, churches, businesses and other community settings. Information is also provided during clinic visits, home visits, inspections, media events, health fairs and other outreach efforts.

One example is providing tobacco cessation education and resources, which is funded through the Illinois Tobacco-Free Communities (ITFC) grant. In partnership with the Illinois Tobacco Quitline (ITQL), RICHD helps people in their efforts to quit smoking, which is the number one cause of preventable death, disease, and disability in the U.S.

Another way the RICHD is working to limit the damage done by smoking is by

promoting smoke-free public places. With funds originating from the CDC and granted to us by IDPH, RICHD helps promote and implement smoke-free policies for public places in the area, including parks, college campuses, and outdoor event settings.

### Vital Records

The local Registrar's Office of Vital Records (birth and death certificates) for Rock Island County is located at the RICHD. Certified copies of birth or death certificates dating back to 1999 may be obtained from the local Registrar.

### Emergency Preparedness

To plan for all types of potential emergencies, RICHD collaborates with many local community response partners including those in Scott County, Iowa. In addition to planning, RICHD also conducts and participates in preparedness drills and exercises throughout the year. This grant year, RICHD conducted two discussion based exercises based on a pandemic flu outbreak. The scenario was based off the movie "Contagion." The first exercise was conducted with all RICHD employees. This helps employees understand

their role during such an emergency which would be very different from their day-to-day work. The second exercise was conducted with community response partners in both Rock Island and Scott County including police, fire, EMS, government officials and RICHD's Medical Reserve Corps volunteers so that they too could learn their potential roles during a pandemic event.

### Affordable Care Act – In Person Counselors

With the passage of the Affordable Care Act, RICHD received grant funds to assist residents in applying for various health care plans through the health insurance marketplace. RICHD hired four In Person Counselors in September 2013. These counselors attended a two day State training, completed 20 hours of online Federal training, and passed criminal background checks prior to obtaining a license to assist citizens apply for health insurance coverage. Open enrollment began October 1, 2013. In Person Counselors spoke to individuals, groups, agencies and private businesses about the new insurance plans available, as well as assist with the enrollment process. They provided enrollment

# PROGRAMS SUMMARY

assistance at the health department and at community sites such as churches, township offices, libraries and housing units. RICHD also collaborated with other agencies in the county which provided insurance assistance and often held joint enrollment events with these partners in order to maximize access for residents to get help with the enrollment process. Open enrollment ended March 31, 2014.

## ENVIRONMENTAL HEALTH PROGRAMS

The Division of Environmental Health is involved in a wide range of activities including regulation of food service establishments, permitting and inspection of private sewage disposal (septic) systems, and regulation, inspection, and sampling of water well systems. These required, "core" programs are supplemented by other activities such as solid waste and nuisance regulation, tanning and body art facility inspections, and mosquito surveillance for West Nile virus.

## WOMEN'S HEALTH PROGRAMS

### Family Planning Program

The Family Planning Program provides comprehensive reproductive health, birth control, STD services, outreach and education services for Rock Island County women and men in order to promote sexual health and well being and reduce unintended pregnancies. RICHD also serves women who no longer require birth control services, but receive Pap smears and breast exams as part of Women's Care Clinic. STD screening, education, risk reduction and treatment of sexually transmitted diseases is available for women and their partners.

### IBCCP (Illinois Breast & Cervical Cancer Program)

The Breast and Cervical Cancer Program provides free or low-cost breast and cervical cancer screening for women. The goals of the program are to increase early detection of breast and cervical cancer through regular mammogram and Pap test screening, increase preventive health knowledge and behaviors and facilitate access to health care and insurance. The Cancer Treatment Act serves women

ineligible for IBCCP. Stand Against Cancer (SAC) provides younger women with the same services.

## INFECTIOUS DISEASE PROGRAMS

### Communicable Disease

The communicable disease program conducts investigative interviews with clients having or suspected of having notifiable diseases. A 24 hour/7 day phone number is available for health care professionals to report critical diseases.

### Immunizations

Immunizations for children and adults are provided by appointment at RICHD in order to prevent and reduce the incidence of vaccine-preventable diseases. Flu clinics are held in over 50 community sites annually.

### Immigration Naturalization Service (INS) & Refugee Program

Medical exams and referrals are available to those who apply for adjustment of status under the immigration and naturalization laws and for refugees relocating to Rock Island County.

# PROGRAMS SUMMARY

## **Tuberculosis (TB)**

The TB program provides consultation regarding TB treatment, contact investigation and infection control practices. TB skin tests are administered and read at the health department. Medications are administered not just to active cases, but also to prevent TB from developing in those who test positive for the bacterium, and to those who are close family contacts to clients with active TB.

## **Sexually Transmitted Diseases (STDs)**

STD clinics are available for males on Thursday afternoons on a "walk in basis". Females may be seen by appointment at Women's Health Services. Partners of those identified with STDs can also be treated. Reports of STDs are made to the health department by providers for statistical purposes and follow-up. HIV testing and investigation is a component of STD clinic services.

## **MATERNAL AND CHILD HEALTH PROGRAMS**

### **WIC Supplemental Nutrition Program**

Women, Infants and Children (WIC) program provides

coupons for pregnant, breastfeeding, and postpartum women, infants up to 1 year and children up to age 5. Participants receive nutrition and health assessments and education. Breastfeeding is promoted as the best feeding choice for infants. RICHD partners with Community Health Care and offers WIC services at their Moline location for infants and children who are patients of Community Health Care.

### **Family Case Management**

Family Case Management provides coordination of health and social services for eligible families with a pregnant woman or infant with the goal to reduce infant mortality by ensuring early and consistent prenatal care for women throughout their pregnancy. Families get help in finding an ongoing source of medical care and financial assistance. Clients are connected to nutrition services, health education, transportation, mental health services, substance abuse treatment and other services they may need. FCM participates in community initiatives and hosts county-wide developmental screenings coordinated by the Regional Office of Education.

## **APORS**

Local hospitals identify high-risk newborns with medical conditions that may affect growth and development and report them to the State of Illinois. This report is called APORS (Adverse Pregnancy Outcome Reporting System).

A public health nurse makes periodic home visits to these infants until age two, administers developmental assessments and makes referrals to appropriate community services.

## **HealthWorks of Illinois**

HealthWorks of Illinois is contracted through DCFS to ensure the medical needs of foster children are identified and addressed. Children under 6 are assigned to a Medical Case Manager and children over 6 are medically tracked by the HealthWorks Lead Agency. RICHD is the Lead Agency for a 10 county area and works together with DCFS, foster parents, foster care workers, physicians, dentists and other community partners to better meet the needs of foster children in our area.

# PROGRAMS SUMMARY

## **Child Care Nurse Consultant**

RICHD's Healthy Child Care Illinois nurse consultant provides health and safety education to family home providers, center based staff, parents or children in 7 counties. There are 600 child care provider sites, the majority in Rock Island County. Consultation for assistance in developing health policies or specific quality improvement measures may be conducted in the homes, centers, or by phone/email. Trainings are mandatory for child care provider's licensure.

## **Genetics / Infant Deaths**

Birth centers or hospitals test every newborn for hearing and nine metabolic diseases as mandated by the state of Illinois. RICHD assists families with follow up education and compliance to care. RICHD also follows SIDS cases, and infant deaths secondary to co-sleeping/bed sharing. Clinics for sickle cell disease identification and follow up are held at RICHD in collaboration with a physician from St Francis Medical Center.

## **Lead Poisoning Prevention**

The Lead program at RICHD provides services for prevention of childhood lead

poisoning through community education and public awareness. It provides case management of children who have been identified as lead poisoned and initiates prompt interventions to reduce blood lead levels and improve health and developmental outcomes.

## **Healthy Homes**

There is collaboration with the City of Moline, City of Rock Island, Project Now, Rock Island Economic Growth Corporation, City of East Moline, City of Sterling and the RICHD to address lead hazards in a collective manner resulting in lead safe housing. Priority is given to households with children under the age of six that have an elevated blood lead level. Children with elevated lead levels are case managed by RICHD. Education regarding lead poisoning to families receiving services from Healthy Homes is managed by RICHD.

## **Dental Sealants & Oral Health**

The Dental Sealant Program provides for the application of dental sealants to selected permanent molars for a targeted number of eligible children. This school-based program includes: preventive

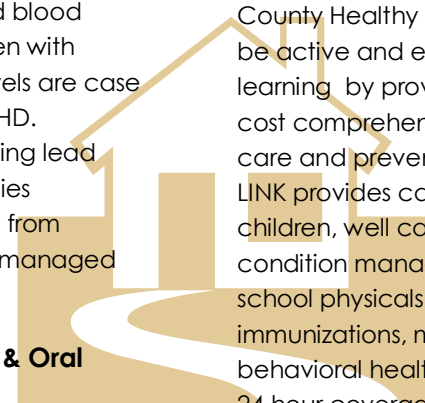
oral health care, oral health education and case management to dental homes. RICHD contracts with Bethany for Children & Families/ Give Kids a Smile Program for the services.

## **Vision & Hearing Screening**

Vision and hearing screening is provided to preschool children attending private or public licensed preschool and day care facilities. RICHD is contracted to provide vision and hearing screening in schools and special education facilities.

## **School Health LINK**

School Health LINK Inc. (LINK) is a not for profit corporation that was formed to keep children in Rock Island County Healthy so they can be active and engaged in learning by providing low cost comprehensive health care and prevention services. LINK provides care of ill children, well care, chronic condition management, school physicals and immunizations, mental and behavioral health counseling, 24 hour coverage and referrals if needed. Partners involved with LINK include Unity Point, Genesis, Rock Island Schools, United Township and RICHD.



# A MESSAGE FROM THE ADMINISTRATOR

## Year in Review

This was a year filled with considerable changes and challenges as a result of the Affordable Care Act (ACA). We implemented an electronic health record system, assisted with raising awareness of health care coverage opportunities, and conducted enrollment into the new insurance options.

Utilization of an Electronic Health Record system is a mandatory component of ACA, and the transition is something we optimistically hope to look back upon as a positive learning experience which ultimately improves our efficiency, and capacity to access important population health data for use in needs assessment, planning and outcome review.

Our staff committed to patience in accepting the ability to see fewer clients during the time period in which they had to gradually build data fields for the new system. Their passion for serving the customary caseload of clients had to be tempered, knowing the long range effect would be beneficial.

Rock Island County Health Department, along with most other health departments in Illinois and numerous local partners, coordinated efforts to raise awareness and assist with enrollment into the federal Health Insurance Marketplace and into expanded Medicaid coverage which is called Application for Benefits Eligibility (ABE) in Illinois. With website disappointments and confusion over the vast overhaul of health insurance coverage opportunities, Rock Island County residents joined others across the nation in a slow and mixed response to the new mandate.

ACA has a strong preventive health component, and the preventive nature of Public Health services will continue to play a significant role in keeping people healthy and striving to lower health care costs. Public Health is a dynamic field that responds to evolving and emergent population needs. It has long standing, core environmental and disease surveillance responsibilities which undergo modifications in response to new technologies and scientific findings. We address needs of individuals, families, and the general public to contribute to a quality of life we all value: good health.

After serving as Interim Administrator, I was named Public Health Administrator in March 2013. I have been with the RICHD for many years and am proud to be in this leadership role. The talented Public Health Team, the dedicated Board of Health, and our many community partners all play valuable roles which contribute to the healthy lives of our residents and visitors. We are lucky to live in this lovely community of friendly, generous, talented people with a positive spirit and an ongoing vision and plan of action to make this an even better place to live!

Theresa Berg, MS  
Public Health Administrator



# STATISTICS & DATA

## NUMBER OF RICHD STAFF 2013

Full-Time: 48

Part-Time: 14

## ENVIRONMENTAL HEALTH PROGRAMS

PROGRAM	FIELD HOURS	INSPECTIONS
Food Sanitation	1479	1154
Potable Water Supplies	527	705
Private Sewage Disposal	760	646
Nuisance Control	59	124
Housing	1	2
Solid Waste	27	60
Tanning/Body Art	57	45
West Nile Virus	76	198

## WOMEN'S HEALTH PROGRAMS

### FAMILY PLANNING PROGRAM

Unduplicated Clients	1130
Client Visits	2479
Long Acting Reversible Contraceptive	11
STD Screenings/Treatments	524

### IBCCP (ILLINOIS BREAST & CERVICAL CANCER PROGRAM)

Enrolled in IBCCP (7 counties)	511
Enrolled in SAC	32

## INFECTIOUS DISEASE PROGRAMS

### COMMUNICABLE DISEASE

#### CASES OF REPORTABLE DISEASES FOR 2013

Chickenpox	2
Cryptosporidiosis	9
E. Coli 0157:H7	6
Giardiasis	16
Haemophilus influenza	6
Hepatitis A	2
Hepatitis B	12
Hepatitis C	30
Histoplasmosis	1
Legionellosis	2
Lyme Disease	12
Salmonellosis	22
Shigellosis	1
Staphylococcal	0
Streptococcal	4
Whooping Cough	6
Investigated cases transferred to other counties	170
Investigated cases determined "not a case"	74
Rabies (potential human exposure) investigations	14

### IMMUNIZATIONS

Children	2864
Adults	4336

### IMMIGRATION NATURALIZATION SERVICE (INS) & REFUGEE PROGRAM

#### INS: IMMIGRATION APPLICATIONS

Exams	49
Immunizations	94

#### REFUGEE:

Changing Status	286
New Arrivals	175
Received Exams and Follow Up	175

# STATISTICS & DATA

## TUBERCULOSIS (TB)

TB Skin Tests	269
Quantiferon Gold Tests	156
Chest X-rays	21
Clinic Visits	1072
Patients on Preventative TB medication (monthly avg.)	29
Active TB Cases	0

## SEXUALLY TRANSMITTED DISEASES (STDs)

STD Male Clinic Attendance	346
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## STD CASES REPORTED FOR 2013

Gonorrhea	117
Chlamydia	675
Syphilis	9
HIV	7

## MATERNAL AND CHILD HEALTH PROGRAMS

### WIC SUPPLEMENTAL NUTRITION PROGRAM

2013 WIC Caseload Average	4382
WIC Clinic Attendance	11265
WIC Individual Nutrition Sessions	6826
WIC Group Nutrition Attendance	208

### FAMILY CASE MANAGEMENT

Home Visits	1557
Office Visits	7279
Developmental Screenings	1147
Depression Screenings	2387

## HEALTH WORKS OF ILLINOIS

Foster Children Medically Case Managed	419
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## APORS

Infants Receiving Follow-up	55
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## GENETICS / INFANT DEATHS

### INFANTS FOLLOWED UP FOR:

Hearing	103
Metabolic/genetic conditions	4
Children screened in RICHD-hosted clinic	16
SIDS/co-sleeping	2

## LEAD POISONING PREVENTION & HEALTHY HOMES

Total Number Screened	3916
Elevated Leads	68
Pre-construction meetings	5
Home owners/tenants receiving education	42
Home Visits	21

## SCHOOL HEALTH LINK

### CLIENT VISITS:

Silvis	1816
Rock Island	1365

## VISION & HEARING SCREENING

Hearing Screenings	3915
Hearing Referrals	126
Vision Screenings	3352
Vision Referrals	78
Children Wearing Glasses	402



# GOVERNANCE & FISCAL

## 2013 Board of Health Members

Ronald Fiscella, MD President  
John Neary, RN Vice President  
Leon Gibson Secretary  
Kenneth Maranda County Board Representative  
Patricia Barron, MD  
Fr. Anthony Ego  
Jim Flannery  
Sommer Livengood, ARNP  
Nancy Mulcahey  
Kate Varlas Teel, JD  
Prem Viridi, MD

## 2013 Fiscal Report

### Revenues:

Property Taxes	\$714,420
Client and Service Fees	\$448,373
Grant (Federal & State)	\$3,206,790
Intergovernmental	\$23,539
Medicaid & Medicare Reimbursements	\$310,936
Miscellaneous	\$3,427
<b>Total</b>	<b>\$4,707,485</b>

### Expenditures:

Local Health Protection Programs	\$917,411
Emergency Preparedness Programs	\$133,724
Health Promotion Programs	\$246,987
Maternal & Child Health Programs	\$1,429,545
Women's Health Programs	\$789,443
Vital Records	\$61,093
School Health Programs	\$310,083
General & Administrative	\$689,982
<b>Total</b>	<b>\$4,578,268</b>

## CONTACT INFORMATION



### ACA

<http://goo.gl/6cnlKP>

### WIC

<http://goo.gl/oyY16K>

### Family Planning

<http://goo.gl/j3rZ4h>

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