

ROCK ISLAND COUNTY
COVID-2019 Update
3/9/20



This is a rapidly changing situation and information could change.
You are welcome to share this information.

WHAT IS KNOWN

- The virus causing coronavirus disease 2019 (COVID-19) is a new coronavirus that has not been previously identified and causes a respiratory illness ranging from a mild cold-like illness to severe pneumonia.
- Most people diagnosed with COVID-19 in China had mild disease.
- Similar to influenza, the people who are most likely to have severe disease and complications from COVID-19 are older individuals (>60 years old) and those with other medical conditions like heart and lung disease or diabetes.
- There is no vaccine or treatment currently available for COVID-19.
- Currently, there is minimal confirmed community spread of COVID-19 in the US, but experts predict community spread may eventually be common.

HOW THE VIRUS SPREADS

- COVID-19 is believed to spread primarily the same way the common cold or flu spreads—through respiratory droplets that are produced when someone coughs or sneezes.
- People who are most at risk of becoming infected with COVID-19 are those who have been in close contact (within about 6 feet) with someone who has the disease.
- People are thought to be most contagious when they are most symptomatic (the sickest).
- Some spread of the virus might be possible before a person has symptoms. There have been reports of COVID-19 spreading without symptoms, but this is not thought to be the main way this virus spreads.
- CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
- Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at Home or in a health care facility).

CASE UPDATE 3/5/20 - 3/7/20

Travel related (3/5/20)	36
Close Contact (person to person) (3/5/20)	18
Deaths (3/5/20)	11
Illinois Confirmed Cases (3/7/20)	4
Illinois Pending Cases (3/7/20)	3
Rock Island County Confirmed Cases	0
Rock Island County Pending Cases	0
Scot County Cases	0

States will be receiving test kits from CDC or FDA. State positive test will be presumptive positive and counted as a case.

That will also be confirmed at CDC.

CDC aggregate total case count will be posted: <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>

The US has instituted travel restrictions and containment procedures to slow the introduction into the US. There is no vaccine at this time, no medication to treat COVID-19 at this time. The 14-day quarantine has been determined to be an appropriate limit. This has been confirmed through peer review and evidence from case study.

IF A PUBLIC HEALTH OFFICIAL TELLS YOU TO STAY HOME, LISTEN! Staying home when sick is very important to limit the spread.

Non-Pharmaceutical Interventions (NPI) are ways to limit exposure to others who may be ill. These include:

- Personal
 - o Every day – cover, clean, stay home
 - o Pandemic – voluntary home quarantine if exposed to ill person
- Community
 - o Social Distancing
 - o Pandemic - School closure with internet learning or smaller groups
 - o Pandemic - Business working remotely, teleconferencing for meetings
 - o Pandemic – Mass gathering cancelled/postponed.
 - o Pandemic – Healthcare will triage differently, delay elective surgeries

Families should be preparing. Personal preparation is a topic that TCHD has been sharing for several years.

CDC suggests asking schools/work for plans if COVID-19 spreads like in other countries.

CLEANING

- Ensure prescribed cleaning is happening at facilities (routine disinfectants are appropriate).
 - o Enhance cleaning of high touch surfaces like doorknobs, toilet handles, and sink handles.
 - o Ensure that hand sanitizer, soap/paper towels and tissues are widely available.
 - o Encourage everyone to cover their coughs/sneezes with their elbow.

RESOURCES & INFORMATION

Coronavirus Disease COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Coronavirus Disease 2019 (COVID-19) Situation Summary:

<https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>

Dial 1-800-889-3931 or email DPH.SICK@ILLINOIS.GOV to have all your COVID-19 questions answered.

Rock Island County specific questions calls can contact the Rock Island County Health Department at 309-793-1955

Frequently Asked Questions from IDPH

<http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus>

Guidance for specific audience

Law enforcement

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-law-enforcement.html>

EMS

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-for-ems.html>

Large Gatherings

<https://www.cdc.gov/coronavirus/2019-ncov/community/mass-gatherings-ready-for-covid-19.html>

Health Care Settings

<https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html>

Business

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-response.html>

Schools

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-for-schools.html>