



FOR IMMEDIATE RELEASE

April 1, 2020

Rock Island County Health Department reports 3 new COVID-19 cases

Three more people in Rock Island County have tested positive for COVID-19, bringing the total cases to 19.

The new cases are:

- A woman in her 30s who is isolating at home
- A woman in her 40s who is isolating at home
- A woman in her teens who is isolating at home

No additional information regarding these cases is available due to federal privacy laws.

We continue to encourage you to help us to drive home the recommendations about social distancing. While many of the public places where we find ourselves are not open, we still all need to do our part to minimize the spread of illness.

Please help us all by:

- Social distancing by staying at home as much as possible.
- Keeping at least 6 feet between you and anyone else
- Washing your hands frequently with soap and water for at least 20 seconds each time and using hand sanitizer when washing your hands is not possible.
- Covering coughs and sneezes with a tissue or into your elbow.
- Staying home when you are ill.

If you think you may need to seek healthcare, **call first**. Your provider can assess whether you need to be seen in the office or whether you can recover at home.

For up-to-date information on COVID-19, visit the Rock Island Health Department webpage at www.richd.org and the IDPH webpage at <http://www.dph.illinois.gov/>

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