



# Building Blocks to a Healthy Beginning Family Case Management

A program for pregnant individuals,  
those who have recently had a baby,  
and their infants.

- Are you pregnant or recently have been?
- Do you have a child under age 1?
- Are you on Medicaid or uninsured?

Family Case Management can help you:

- Find a doctor for you and your baby.
- Make healthy choices for your family.
- Learn about pregnancy and baby.
- Gain confidence as a new parent.
- Sign up for other helpful programs.

Family Case Management can connect you to other resources:

- WIC, SNAP, TANF, Medicaid
- Family Planning
- Health Teaching
- Pregnancy & Parenting Classes
- Vaccines
- Breastfeeding Support
- Child Care
- Transportation
- Housing
- Mental Health Counseling
- Job Search
- Smoking, drug, or alcohol programs

For more information call 1-800-843-6154 (voice) or 1-800-447-6404 (TTY)